

# Global Gazette

*The latest news, updates, and announcements*

## *In This Issue*

**Isabella Villa Bahamón, AM, LSW, presented the first Ways to Wellness session.**

**Global is gearing up for Arbor Day on April 30th!**

**Have you heard?  
Global is going Green.**

### *Good deed of the day:*

Let a coworker know something you appreciate about them.



## **Isabella Villa Bahamón, AM, LSW, shares her insight with Global Staff.**

On Monday, April 5th, Isabella presented an interactive session on mental health during a pandemic. The workshop began with a fun opener where staff shared what TV shows have been consuming their time (during and outside work hours). Following this segment, participants learned more about this wonderful new initiative at Global. With the guidance of Isabella and feedback from staff, these monthly educational sessions will be focused on how to take care of ourselves in relation to mental health. These meetings are 100% optional and will be posted online afterwards. To review the presentation, please click [here](#) and hopefully we will see you at the next session on May 3rd at 3 pm!



## Are you ready for Arbor Day? Why not take action?

Arbor Day is an annual event on April 30th to demonstrate support for environmental protection. First held on April 10, 1872, it now includes actions held around the world. At Global, we believe in preserving our planet and wish to take an active role this year! All employees will be reimbursed up to \$25 if they choose to participate. You just need to send your receipt and any photos of what you did to your CSR Coordinator! Your options vary, but some ideas to get you started are: donating to the [Arbor Day Foundation](#), in which each dollar you give will plant a tree or you could even plant something in your yard! Thank you, Felix Sr. for sharing what you did in your home! Please keep everyone updated on your action by sharing on social media and tagging @globalbrandllc.

## Going Green = Saving Money & The Planet

As portrayed by this stock image, installing motion sensor light switches is a huge money saver! By not needing to worry if the office lights were left on all night or even the entire weekend, this new upgrade at Global will lower our electric expenses.

More importantly, this simple yet powerful change means that we are decreasing our carbon footprint. Energy consumption requires the use of fossil fuels and by only using lights when we need to, Global is taking the next step towards our company's sustainability goals.

